

HEALING TOUCH
PROFESSIONAL ASSOCIATION

ANNUAL REPORT 2024

a comprehensive
review of 2023

Shine Together
Illuminating the Path to
Professional Excellence

Table of Contents

- 01** ABOUT HTPA
- 03** DIRECTOR'S MESSAGE
- 05** 2023 HIGHLIGHTS
- 07** OUR TEAM
- 08** OUR FOCUS
- 09** 2023 STATISTICS & BOOK CLUB READING LIST
- 10** 2023 VIRTUAL CHAPTER PRESENTERS
- 11** 2023 HOSTED EVENTS & 2023 GRANTS
- 12** 2023 HEALER DEVELOPMENT
- 13** 2023 MEMBER SPOTLIGHT
- 14** 2023 COMMUNITY SUPPORT
- 15** PRACTICE PROTECTION
- 16** LOCAL CHAPTERS
- 17** PROFESSIONAL ALLIANCES
- 18** THANK YOU MESSAGE

About HTPA

Our Mission

Healing Touch Practitioners, individually and collectively, are fully recognized as vital professionals in holistic care across all aspects of health care and wellness.

Our Vision

To serve Healing Touch practitioners and students by providing exceptional professional support in the areas of energy education, business, and community support, while also creating a framework of professionalism and high standards for the practice of Healing Touch.

Diversity and Inclusion at HTPA

At Healing Touch Professional Association, we celebrate diversity and aim to evolve our association in ways that continue to support and welcome all individuals. We work in partnership with our community to promote education and community building in a safe and accepting environment. All individuals are treated with respect and acceptance regardless of age, background, ethnicity, national origin, religious affiliation, spiritual beliefs, disability, visible differences, sexual orientation, gender, gender identity or gender expression. We know that diversity in all its forms makes us better, stronger, and more effective when we work together.

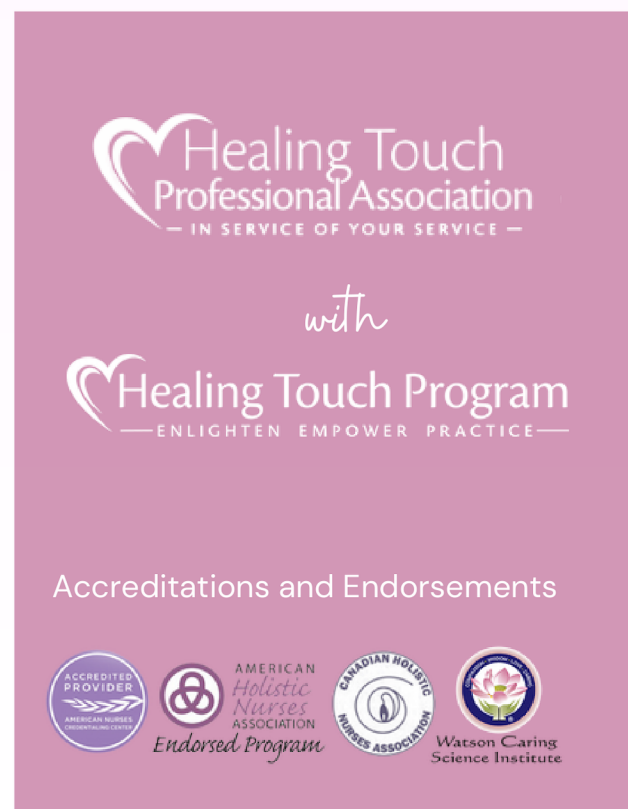


About HTPA

HTPA Purpose

- to actively support your professional presence globally by being the collective voice for you and all of our members
- to support your healer development through advanced energy education and self-care resources
- to support you in the creation and management of a successful healing practice through business development tools, support and education
- to foster a strong supportive community for you through community activities and resources so you can share, learn, and support each other
- to collectively represent you in health care and legislation as practitioners of Healing Touch and Energy Medicine
- to provide you with professional recognition as adhering to and promoting adherence to the Healing Touch Program Standards of Practice and Code of Ethics

The Healing Touch Professional Association is an integral part of the Healing Touch Program. The Healing Touch Professional Association strives to inspire the personal growth and professional development of every student and practitioner of Healing Touch. Healing Touch Program offers the highest quality, standardized, ANCC accredited education.



Healing Touch Professional Association
— IN SERVICE OF YOUR SERVICE —

with

Healing Touch Program
— ENLIGHTEN EMPOWER PRACTICE —

Accreditations and Endorsements

ACCREDITED PROVIDER
AMERICAN NURSES ASSOCIATION

AMERICAN Holistic Nurses Association
Endorsed Program

CANADIAN HOLISTIC NURSES ASSOCIATION

Watson Caring Science Institute

Dear Members and Friends of HTPA,
It is with immense pride and a shared sense of accomplishment that I introduce our annual report, themed "Shining Together, Illuminating the Path to Excellence." This theme not only captures the essence of our collective journey over the past year but also highlights the bright future we are forging together.

In the world of Healing Touch, excellence is not a distant peak to be climbed alone but a path we travel together, each step illuminated by the light of our shared knowledge, experience, and compassion.

At HTPA, we believe that our strength lies in our community, and this past year has been a testament to the incredible power of our collective efforts.

Throughout the pages of this report, you'll find innovation and dedication, as our members have continued to expand the boundaries of what is possible in the healing arts. From advancing our educational programs to enhancing member support, every initiative has been guided by our commitment to excellence and to each other.

As we reflect on the achievements of the past year, we also look forward with renewed enthusiasm to the opportunities that lie ahead. Together, we are not just participants in the Healing Touch community; we are its architects, building a framework of excellence that supports not only our own growth but also the well-being of those we serve.

Thank you for your unwavering dedication, your passion, and your willingness to shine together. Let us continue to light the way forward, not just for ourselves, but for the countless lives touched by the healing power of our work.

With deepest gratitude and continued optimism,

Christine Salas

HTPA COMMUNITY DIRECTOR





2023 Highlights

HTPA, in partnership with HTP, began monthly Instructor-Led Practice Groups in January 2023 for Level 1, 2, and 3.

These Healing Touch practice groups are a great way to **help students and practitioners practice Healing Touch techniques in community, and feel confident in administering these techniques with clients.** Practice groups are a beneficial way to connect with your community, ask questions, and gain knowledge and skills. And best of all, they are **FREE to all HTPA members!**

These practice groups are an opportunity for students and practitioners to:

- **Become more confident** in administering HT techniques
- **Gain valuable experience** and learn from additional perspectives.
- **Connect** with the people in your HT community
- **Have access to an experienced instructor** ready to help answer your questions and provide guidance

For each Healing Touch Practice Group, Instructors:

- Offer a **detailed technique review** with discussion
- Provide **guidance on practicing focused techniques** during each online session through a planned syllabus that covers all the techniques you learned in your classes
- **Answer questions about the techniques** and have the opportunity to learn from other people's questions as well

Thank you to our Practice Groups Technology Assistants and Instructors for facilitating these valuable groups!





2023 Highlights

HTPA began monthly Expand Your Network: Exploring Self-Care Modalities in January 2023.

The Expand Your Network– Exploring Self-Care Modalities series is an opportunity for Healing Touch Instructors to share various self-care modalities they are skilled and/or knowledgeable in that they wish to share with our community. **The purpose of this program is to share self-care modalities that members can consider for their own self-care or for client referrals.** This program can also be helpful for Healing Touch Practitioner Apprentices working on their Healing Touch Growth work for Level 5 and completing their self-care modalities requirement.



Vibratory Grid Activation -
Axiatonal Alignment
JEANNETTE NIENABER



Internal Family
Systems Psychotherapy
ROSELYNE HAZARD



The Feel Good Life Method
MARY PAT FITZGIBBONS



Sound Healing
KATHLEEN JOHNSON



Maya Abdominal Massage &
Maya Spiritual Healing
CINDY ASPROMONTE



Reflexology
THERESE ANDERSON



Guided Imagery
LAURIE RATTO



CHRISTINE SALAS
COMMUNITY DIRECTOR



ANN DARMSTETTER
ADMINISTRATOR



EMILIA YONGE
BOOK CLUB
LEAD



DIANNE NOEL
BOOK CLUB
CO-LEAD



LYNN LUEBBEN
FORMER VIRTUAL CHAPTER
CO-LEAD



**GABRIELE
SCHLUMPBERGER**
VIRTUAL CHAPTER
CO-LEAD



**SARAH
SHERBENOU**
VIRTUAL CHAPTER
CO-LEAD



ANYA CHARLES
SOCIAL MEDIA



GINA CURRIE
PRACTICE GROUPS
TECH ASSISTANT



JENNIFER KELLY-MASLOSKI
PRACTICE GROUPS
TECH ASSISTANT



Our Focus



Your membership offers you access to a variety of programs that are intended to support the following three areas: Energy Education, Business Support and Community.

2023 Statistics



1466 Members



48 Chapters Worldwide



102 Live On-line Events



\$4639 Amount of Discounts



16 Recorded Programs



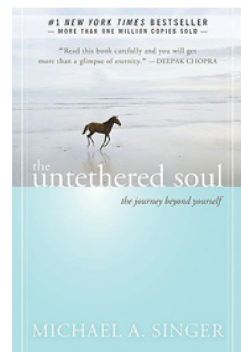
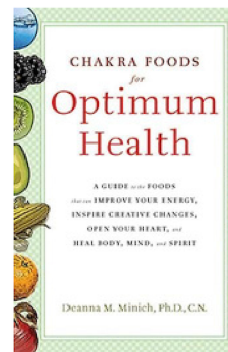
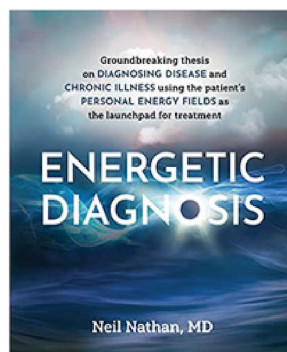
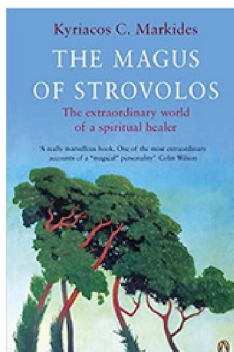
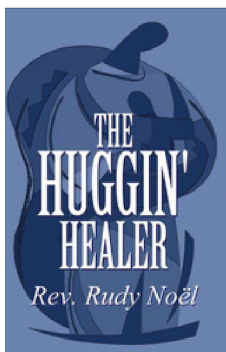
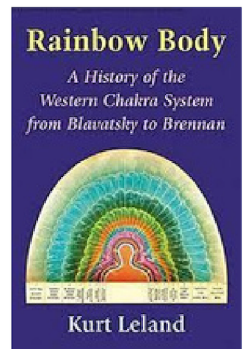
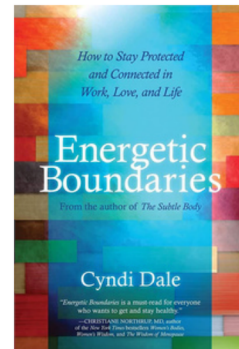
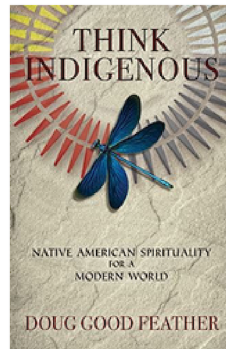
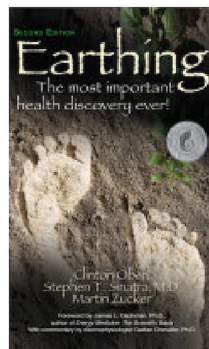
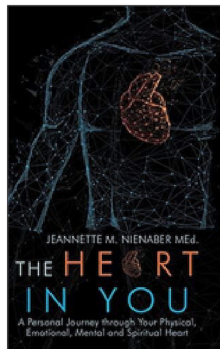
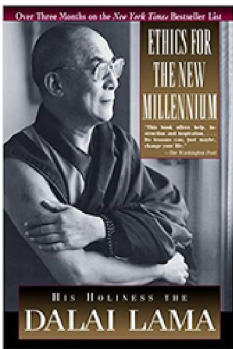
\$4682 Value of Membership



Minimum of 8 programs offered every month



2023 Virtual Book Club Reading List



2023 Virtual Chapter Presenters



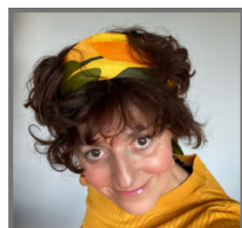
Nervous System States

BONNIE THOMPSON &
KRISTI JOY



Energy Medicine Disaster
Response Team

KATHY ALLEN



You Are Enough

FLOR TABOADA



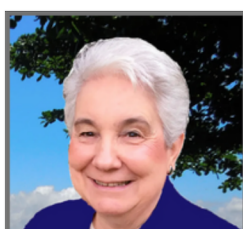
Source Points & How They
Help Our Energy Systems

DIANA CZEKALSKI



Visioning a Life Your Would
Love is Within Your Reach

LINDA SMITH



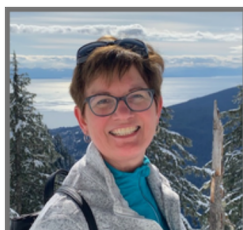
What Does it Take to Be
an Effective Healer?

SUSANA STOICA



Laughter Yoga

JILL FELTS



Shamanic Journey to Find
Your Power Animal

CINDY PALAJAC



Being a Conscious Creator

BENJAMIN BROOKS



Exploring the Akashic
Records – Unveiling the
Cosmic Archive

CAROL SOTO



Introductions to Mindfulness

FLOR TABOADA

2023 Hosted Events



Healing the Anxiety of the
Legal Aspects of Your Business
IAN FOSTER, J.D.



3 Strategies to Attract
Clients on LinkedIn
JENNIFER DARLING



Level Up Your Prosperity with
the 1-3-5 Chakra Triad
TYLER ODYSSEUS



The Revolutionary Tool of
Human Design
KAREN CURRY PARKER

2023 HTPA/HTWF Grants

A total of \$722.82 was awarded to Healing Touch students/practitioners with the HTPA/HTWF Outreach Grant.

HTPA has an extension of our association's fund through the Healing Touch Worldwide Foundation offering two grant opportunities to students and practitioners. *These two grants are open to anyone that has taken Healing Touch Level 3 or higher.*

The Exhibitor's Outreach Grant provides support at local and regional conferences as exhibitors (having a table or a booth at an event to promote the awareness of Healing Touch and a personal practice or practices – if more than one individual is sharing the booth).

The Service to Military Grant provides support for participation at local and regional Military Events such as Stand Downs. Practitioners provide Healing Touch sessions for the military personnel and their families.

[Apply for an Exhibitor's Outreach Grant](#)

[Apply for a Service to Military Grant](#)

2023

Healer Development



The Healer Development Series to Deepen Your Healing Touch Practice is offered monthly and focuses on specific topics and how to use Healing Touch to support clients with these issues. These are Energy Education events that are free for HTPA Professional Members.

HTPA thanks all of these HTCPs and HTCP/Is for sharing their wisdom with our community! If you missed these events live, they are all recorded and on the HTPA Member Portal to view any time.

Healer Development
— DEEPEN YOUR PRACTICE —
Brought to you by HTPA

ANIMALS AND HEALING TOUCH

JANUARY 6TH, 2023
12-30 CENTRAL

HOSTED BY
CHRISTINE SALAS
HTPA COMMUNITY DIRECTOR

REGISTER NOW

FREE HTPA Professional Members
\$25 HTPA Support/Community Members
\$50 Public

Kimi Cousins, Victoria Stewart, Carol Kowitor, Madeleine Ferbal

Healer Development
— DEEPEN YOUR PRACTICE —
Brought to you by HTPA

DIGESTIVE ISSUES AND HEALING TOUCH

FEBRUARY 3, 2023
12-30 CENTRAL

HOSTED BY
CHRISTINE SALAS
HTPA COMMUNITY DIRECTOR

REGISTER NOW

FREE HTPA Professional Members
\$25 HTPA Support/Community Members
\$50 Public

Marilyn Allpress, Linnie Thomas, Kathy Stubbs

Healer Development
— DEEPEN YOUR PRACTICE —
Brought to you by HTPA

**HOW TO BE A SUCCESSFUL HEALER:
PART 1 - DEFINING A SUCCESSFUL HEALER**

MARCH 3, 2023
12-30 CENTRAL

HOSTED BY
CHRISTINE SALAS
HTPA COMMUNITY DIRECTOR

REGISTER NOW

FREE HTPA Professional Members
\$25 HTPA Support/Community Members
\$50 Public

Cindy Palajac, Susan Romano, Marilyn Allpress

Healer Development
— DEEPEN YOUR PRACTICE —
Brought to you by HTPA

**HOW TO BE A SUCCESSFUL HEALER:
PART 2 - CHALLENGES & MISTAKES TO LEARN FROM**

APRIL 7, 2023
12-30 CENTRAL

HOSTED BY
CHRISTINE SALAS
HTPA COMMUNITY DIRECTOR

REGISTER NOW

FREE HTPA Professional Members
\$25 HTPA Support/Community Members
\$50 Public

Walle Adams-Gerds, Corinna Kromer

Healer Development
— DEEPEN YOUR PRACTICE —
Brought to you by HTPA

FERTILITY & PREGNANCY

MAY 19, 2023
4-30PM CENTRAL

HOSTED BY
CHRISTINE SALAS
HTPA COMMUNITY DIRECTOR

REGISTER NOW

FREE HTPA Professional Members
\$25 HTPA Support/Community Members
\$50 Public

Cindy Aspromonte, Rita Klury, Denise Fier

Healer Development
— DEEPEN YOUR PRACTICE —
Brought to you by HTPA

GUIDES & INTUITION WITH HEALING TOUCH

JUNE 2, 2023
12-30 CENTRAL

HOSTED BY
CHRISTINE SALAS
HTPA COMMUNITY DIRECTOR

REGISTER NOW

FREE HTPA Professional Members
\$25 HTPA Support/Community Members
\$50 Public

Linnie Thomas, Angelika Inedding, Elizabeth Willde, Dasha Garretson, Lilla Briggs

Healer Development
— DEEPEN YOUR PRACTICE —
Brought to you by HTPA

CHRONIC FATIGUE AND HEALING TOUCH

JULY 7TH, 2023
12-30 CENTRAL

HOSTED BY
CHRISTINE SALAS
HTPA COMMUNITY DIRECTOR

REGISTER NOW

FREE HTPA Professional Members
\$25 HTPA Support/Community Members
\$50 Public

Irene Bigot, Bonnie Thompson, Corinna Kromer

Healer Development
— DEEPEN YOUR PRACTICE —
Brought to you by HTPA

HOW TO USE HEALING TOUCH IN THE HOME FOR EVERYDAY USE

AUGUST 4TH, 2023
12-30 CENTRAL

HOSTED BY
CHRISTINE SALAS
HTPA COMMUNITY DIRECTOR

REGISTER NOW

FREE HTPA Professional Members
\$25 HTPA Support/Community Members
\$50 Public

Laurie Ratto, Marilyn Allpress, Therese Anderson, Denise Fier

Healer Development
— DEEPEN YOUR PRACTICE —
Brought to you by HTPA

HEALING TOUCH AND MENOPAUSE

SEPTEMBER 8TH, 2023
12-30 CENTRAL

HOSTED BY
CHRISTINE SALAS
HTPA COMMUNITY DIRECTOR

REGISTER NOW

FREE HTPA Professional Members
\$25 HTPA Support/Community Members
\$50 Public

Kathleen Johnson, Elizabeth Combs, Cindy Aspromonte

Healer Development
— DEEPEN YOUR PRACTICE —
Brought to you by HTPA

**HOW TO TALK ABOUT ENERGY HEALING:
PART 1 - EXPLORING RESOURCES & TECHNIQUES**

OCTOBER 6TH, 2023
12-30 CENTRAL

HOSTED BY
CHRISTINE SALAS
HTPA COMMUNITY DIRECTOR

REGISTER NOW

FREE HTPA Professional Members
\$25 HTPA Support/Community Members
\$100 Public

Laurie Ratto, Cindy Palajac, Corinna Kromer, Ines Hoster, Jill Milner

Healer Development
— DEEPEN YOUR PRACTICE —
Brought to you by HTPA

**HOW TO TALK ABOUT ENERGY HEALING:
PART 2 - HOW TO ENGAGE SKEPTICS IN CONVERSATIONS ABOUT ENERGY HEALING**

NOVEMBER 3RD, 2023
12-30 CENTRAL

HOSTED BY
CHRISTINE SALAS
HTPA COMMUNITY DIRECTOR

REGISTER NOW

FREE HTPA Professional Members
\$25 HTPA Support/Community Members
\$100 Public

Angelika Inedding, Susan Romano, Jeannette Nienaber, Cathy Carson, Debra Reis



2023 Member Spotlights

These HTPA members were interviewed by the HTPA Community Directory and shared their HT journey as well as their incredible accomplishments, practices and how they use HT today.



Angelika Niedling
HTCP, Certified Energy Therapist,
Ascension Guide,
Supervised Mentor



Heather Talley
RN, BSN, CNOR,
HTCP, RYT-200



Cathy Carson
BScN, RN, HNB-BC, HTCP, CCA



Stacy Noel
MSN, APRN, FNP-BC,
HTCP/I, Reiki Master.



Cathy McJannet
RN, MN, CEN, HTCP/I



Linda Smith
RN, MS, HTCP, CCA, Certified
DreamBuilder Coach &
Life Mastery Consultant



Terry Voorhees,
HTCP, BFA



Loree Oberle-Edwards
HTCP/I, Certified Clinical
Aromatherapist and Transformational
Coach/Facilitator/Mentor

2023 Community Support



Togetherness Calls

12 Togetherness Calls were facilitated in 2023 where HTPA members extended healing to those that requested support and out to world.



Crisis Relief

3 Crisis Relief Meditations for humanitarian and environmental healing were facilitated in 2023. Members of HTPA united in collective meditation, radiating love, light, and healing energy to support those facing hardship



Self-Love Challenge

In 2023, 5 HTPA members shared their self-love practices with our community



Self-Care

Self-Care Programs

8 new self-care meditations/programs were made available to HTPA Members in the HTPA Member Portal in 2023.

Practice

Protection



HTPA provides comprehensive coverage. If you are named in a lawsuit, an experienced attorney will represent you. Whatever the outcome, this policy pays for legal fees, court costs, and any judgments involving claims or allegations as out-lined in the coverage description.

HTPA liability insurance will...

- Pay for accidents that cause injury to your clients such as slip and fall
- Pay for negligence due to misconduct or lack of skills
- Protect you from suits involving libel, slander or invasion of privacy
- Cover claims made against you for damage or injury resulting from a product you used on a client
- Cover damage to your rented workspace
- Cover legal defense costs if you are sued
- Fulfill your professional responsibility to your client
- We invite you to explore the benefits of having liability insurance for your practice.

49%

of HTPA
Members
had HTPA
Insurance
in 2023

Visit the [HTPA Insurance Coverage & Pricing](#) webpage for more information.

Professional Alliances



ACEP – The Association of Comprehensive Energy Psychology is recognized as the largest organization that promotes research and application of Energy Psychology. www.energypsych.org



AHNA – The American Holistic Nurses Association serves as a bridge between conventional healthcare and complementary/alternative healing practices. www.ahna.org



AWAKENING HEALING AXIS – Birthing a New Paradigm in Energy Therapies. Our work focuses on raising the collective frequency of ourselves and those we share with, that we can aid the ascension of the human consciousness. www.awakeninghealingaxis.com



CONSCIOUSNESS AND HEALING INITIATIVE (CHI) – wants to place health and healing at the center of our personal and global consciousness, in order to build healthier societies and sustainable stewardship of our planet. www.chi.is



ENERGY MAGAZINE - is a unique publication designed to explore the fascinating, rewarding and deeply complex world of Energy Healing. <https://discover.energymagazineonline.com/emhome-1>



ENERGY MEDICINE PARTNERSHIPS, INC. – Prepares clinicians, practitioners, specialists and instructors in Transform Your Life through Energy Medicine, Energy Therapy and Transitions Home Care at the Triangle Holistic Center. Affiliated with the Institute for CAM Studies and Akamai University providing Worldwide Online Training. www.energymedicinepartnerships.com



ENERGY MEDICINE PROFESSIONAL ASSOCIATION (EMPA) – is a professional association that offers Risk Management education and resources, and professional liability insurance for Holistic and Energy Practitioners. www.energymedicineprofessionalinsurance.com



ENERGY MEDICINE SPECIALISTS (EMS) – is a center of excellence in energy medicine, education and integrated health care. They offer advanced practitioner coursework for your energy medicine practice. www.EnergyMedicineSpecialists.com



HEALING TOUCH FOR ANIMALS® (HTA) – is a holistic program that influences the health and well-being of animals through energy medicine and intention. www.healingtouchforanimals.com



HEALING TOUCH PROGRAM (HTP) - Healing Touch Program leads the world in training energy practitioners. HTP mission is to establish Healing Touch in every home, school, and health care facility through heart-centered community, education and practice. <https://discover.healingtouchprogram.com/htp-home>



HEARTMATH – The HeartMath Institute facilitates a fundamental shift in health, well-being and consciousness. www.heartmath.org; www.glcoherence.org



HOLISTIC CHAMBER of COMMERCE – a resource for Holistic and Eco-friendly professionals and practitioners as well as those who like to know more. www.holisticchamberofcommerce.com



THE INSTITUTE OF SPIRITUAL HEALING AND AROMATHERAPY (ISHA) – offers two educational programs: Healing Touch Spiritual Ministry and a Certification in Clinical Aromatherapy. www.ishahealing.com



THRIVE ACADEMY – Thrive Academy teaches coaches, healers and holistic practitioners heart-based systems to get clients. It's their mission to create a huge wave of transformational leaders who change the world and get paid well for it. www.thrive-academy.com



VOICE for HOPE – Voice for HOPE's provides leadership and strategic vision that focuses the energy of the "natural" health constituency on the National health reform effort. www.voiceforhope.org



JEAN WATSON'S CARING SCIENCE – The Caring Science Institute expands and deepens the conventional model of medical science, offering a unitary worldview of the connectedness of all. www.watsoncaringscience.org



Thank You
for your Support

And thank you for all
the healing you bring to
the world.



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